National Conference on Wilderness Medicine

Hapuna Beach Prince Hotel
Big Island of Hawaii
April 8 – 12, 2017
1) Identify prevention and treatment of altitude illness based on an understanding of the underlying physiology
2) Recognize and properly manage frostbite in the field
3) Identify and treat hypothermia in the field
4) Identify fracture and dislocation in the wilderness
5) Identify the pathophysiology and treatment of heat related illness

Target Audience:
Primary care physicians, nurses, physician assistants, and other health care providers who might encounter patients in remote settings or who may treat patients that develop medical problems after visiting remote areas.

No outside commercial support has been received for this activity.

Testimonials From Your Colleagues...

“Absolutely the most enjoyable and interesting CME conference I have ever attended! Probably the best group of lecturers I have ever experienced.”
Daniel Nordin, MD Internal Medicine

“I attended the conference as a representative from ACEP Education Committee…it was the best conference I have been to in years. Well organized, excellent speakers and great setting.”
Katie Hurt, MD

“Most enjoyable and useful conference I’ve attended in the last 20 years. I hope to return every year hereafter.”
Alan Lyn, MD FP Santa Paula, CA

“Truly, the CME course of a lifetime.”
Christopher Lang, MD
Opportunities for fun on the Big Island are virtually endless. So, what do you want to do first?

Please contact Pleasant Holidays at (808) 882-1523 or by email at HBPHHconcierge@pleasant.net, or visit www.wilderness-medicine.com for more information.

GOLF - Some of Hawaii’s best golf - and most challenging golf courses - are found on the Big Island. What puts all these golf courses in a class above those you might play elsewhere is their location. Most come with an inspiring ocean view or spectacular mountain backdrop.

WHALE WATCHING is not to be a missed experience this time of year. Ocean kayaks are available to paddle out to view the many whales swimming right off the coast. Whale watch cruises and sails also go out often. Bring your camera.

HIKING - Hawaii is a hiker’s paradise. Original Hawaiian trails will take you through spectacular canyons, past breathtaking waterfalls and lead you to incredible volcanic features.

FISHING - Hawaii is a popular spot for saltwater anglers. Marlin, Ahi, Ono, and Aku are found in abundance off the Kona / Kohala coast.

KAYAKING - Sea kayaking is a fantastic way to explore the coastal environment. You can rent one and two person kayaks for guided or self-guided tours and explore beautiful lagoons.

WINDSURFING - Hawaii’s unique combination of protected lagoon waters and steadily blowing winds make it a great location for beginner and advanced windsurfers.

SNORKELING and SCUBA DIVING - Some of the best snorkeling and diving in Hawaii is found along the Kohala coast near the resort. The water is clear and sea life is abundant.

HELICOPTER FLIGHT TOURS Flights will take you over craters, through canyons and past waterfalls.

Register Today. Toll Free: 844-WildCME (844-945-3263) Or Online: www.wilderness-medicine.com
Wilderness and Urban Survival
Saturday, April 8th, 8:00 am – 4:00 pm $135
A unique opportunity to learn and practice both basic and advanced survival skills from a Navy Seal Instructor and other renowned survival experts who train our elite Special Forces. This all day “hands-on” workshop is a practical and fun, skill building experience, designed to prepare you to survive on land, in the sea, in the wilderness and urban environments. Limited enrollment (register early!) Participants will learn how to:
• Signal and be found
• Obtain food and water
• Build fires with primitive tools
• Escape a hotel fire
• Construct & improvise survival kits
• Survive a plane crash
• Protect yourself during a disaster
• Travel safely in third world countries and avoid being “ripped off”
• Find and construct emergency shelters

The Program

Saturday, April 8, 2017

2:00-4:00 pm Registration
4:00 pm Wilderness Medicine: “Setting The Stage”
Gene Allred, MD
4:15 pm Preparing for Foreign Travel:
Staying Healthy in Developing Countries
Gene Allred, MD
5:05 pm Heat Illness: Prevention & Treatment
Eric A. Weiss, MD
5:40 pm Planning Your Wilderness & Expedition
Medical Kit: From the Tundra to the Tropics
Howard Donner, MD
6:30 pm Adjourn

Sunday, April 9, 2017

7:00 am Late Registration / Continental Breakfast / Exhibits
7:30 am Surviving The Unexpected Night Out
Gary Kibbee
8:20 am Hypothermia:
New Guidelines & Recommendations
Eric A. Weiss, MD
9:10 am Snake Envenomation
Timothy B. Erickson, MD
10:00 am Coffee Break
10:15 am Arthropod Envenomation
Timothy B. Erickson, MD
11:05 am Improvised Trauma Care in Austere Environments
Eric A. Weiss, MD
11:50 am Sun Exposure & Protection
Susan M. Swetter, MD
12:35 pm Adjourn - Enjoy Hawaii (see recreation)
or attend one of our optional workshops
7:45 pm Flood & River Rescue, Medicine & Safety
Kyle Allred, PA
8:35 pm Insect Protection: What Works & What Doesn’t
Susan M. Swetter, MD

“Extraordinary conference... most enjoyable learning experience I have ever encountered.”
Joseph Easly, MD
### Monday, April 10, 2017

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Continental Breakfast/Exhibits</td>
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<tr>
<td>7:30 am</td>
<td><strong>Wilderness Dermatology:</strong> From Poison Oak/Ivy to Zika!</td>
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<tr>
<td></td>
<td><em>Susan M. Swetter, MD</em></td>
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<tr>
<td>8:15 am</td>
<td><strong>Frostbite</strong></td>
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<td><em>Peter Hackett, MD</em></td>
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<td>9:00 am</td>
<td><strong>Lyme &amp; Other Tic-Borne Illnesses</strong></td>
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<td><em>Timothy B. Erickson, MD</em></td>
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<tr>
<td>9:45 am</td>
<td>Coffee Break</td>
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<tr>
<td>10:00 am</td>
<td><strong>Altitude Illness: Prevention and Treatment</strong></td>
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<td></td>
<td><em>Peter Hackett, MD</em></td>
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<tr>
<td>10:50 am</td>
<td><strong>Traveler’s Diarrhea, Giardia and other Wilderness Infections</strong></td>
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<td></td>
<td><em>Eric A. Weiss, MD</em></td>
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<td>11:40 am</td>
<td><strong>Medical-Legal Aspects of Wilderness Medicine:</strong> Avoiding Lawsuits</td>
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<td><em>Valerie Dobiesz, MD</em></td>
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<tr>
<td>12:35 pm</td>
<td>Adjourn - Enjoy Hawaii (see recreation)</td>
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### Tuesday, April 11, 2017

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<tr>
<td>7:00 am</td>
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<tr>
<td>7:30 am</td>
<td><strong>Dive Medicine &amp; Safety</strong></td>
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<td><em>Karen Van Hoesen, MD</em></td>
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<td>8:20 am</td>
<td><strong>Is There A Doctor On Board? Medical Emergencies At 30,000 Feet</strong></td>
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<td><em>Howard Donner, MD</em></td>
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<td>9:05 am</td>
<td><strong>Venomous Sea Creatures &amp; Shark Attacks</strong></td>
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<td><em>Karen Van Hoesen, MD</em></td>
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<tr>
<td>9:55 am</td>
<td>Coffee Break</td>
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<td>10:10 am</td>
<td><strong>Fracture &amp; Dislocation Management in the Backcountry</strong></td>
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<td><em>Joseph B. Serra, MD</em></td>
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<td>11:10 am</td>
<td><strong>Backcountry Water Purification</strong></td>
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<td><em>Howard Donner, MD</em></td>
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<td>11:50 am</td>
<td><strong>Wilderness 911: Mountain Search &amp; Rescue</strong></td>
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<td><em>Lanny Johnson, FNP/PA</em></td>
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<td>12:35 pm</td>
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### Testimonials from your colleagues

- “The conference is just teeming with great speakers... magnificently exciting talks... just a perfect balance of business and fun.”
  - Carol Ferris, MD, (EM)
  - Hamilton, Bermuda

- “I was inspired on many levels - certainly the best conference I have ever attended... this conference is such a unique one...such a wonderful experience... it reminds me of why I went into medicine in the first place!”
  - Sandra Deveny, MD (Emergency Medicine)

- “This was the most FUN and most INTERESTING and most RELEVANT medical conference I have ever attended!”
  - Sue Rominick, MD - Rheumatology

- “Phenomenal course with much content not available in other programs! ... excellent, in-depth, very relevant, and practical.”

- “Inspirational... Excellent, well-organized, and fun! Very practical.”
  - Nan Herriot, MD - Internal Medicine

- “Couldn’t be a better course”
  - Tabasum Isram, MD - Family Practice - Greenwood, AZ
Exciting Course Workshops

Wednesday, April 12, 2017

8:00 am - 1:00 pm Participants may attend 5 different workshops of their choice. (One hour each - listed below).

The workshops below are included in your course tuition.

1. FRAC TURE & DISLOCATION MANAGEMENT: Learn how to recognize, reduce and splint fractures and dislocations in the backcountry. Joseph B. Serra, MD

2. AVALANCHE SURVIVAL & RESCUE: Learn the latest techniques, technology and survival strategies. Lanny Johnson, FNP/PA

3. SURVIVAL STRATEGIES FOR THE ADVENTURE TRAVELER: How to protect yourself and stay safe while traveling. Learn what to do if you’re caught in a fire, disaster, or hijacked airplane, and what precautions to take when you’re away from home. Philip White

4. TAKING CHILDREN SAFELY INTO THE WILDERNESS: Covers common medical issues for children in backcountry/foreign travel. Learn how to maximize enjoyment, appreciation, and safety on family wilderness trips from a pediatric & emergency wilderness expert. Gene Allred, MD

5. OCEAN SURVIVAL: Survival at sea requires a set of skills and equipment often not familiar to the land based survivalist. This presentation looks at a spectrum of sea survival situations. Preparation and equipment specific to sea survival are discussed. Sheryl Olson, RN, BSN

6. IMPROVISED SPLINTING, PACKAGING, & EVACUATION: This hands-on workshop will cover improvised splinting in the backcountry, including splinting of common injuries using materials found in a typical backpack, building various improvised litters from commonly available outdoor equipment, and stabilizing trauma patients Howard Donner, MD

7. LIGHTNING PREVENTION & INJURIES: Lightning kills more people every year in the US than all other natural disasters combined. Learn how to lessen your chances of being struck by lightning, and how to treat lightning injuries. Sheryl Olson, RN, BSN

8. LATEST INNOVATIONS IN WILDERNESS GEAR AND TECHNOLOGY: A practical and informative tour of the best items on the market for medical professionals – from the latest in outdoor clothing to smartphone and rescue technology. Kyle Allred, PA

9. DIVING SAFETY AND RESCUE: This workshop discusses innovative diving equipment, safety devices and advanced techniques for avoiding and treating diving related accidents. Gary Kibbee

10. HAZARDS IN THE SURF ZONE: Drowning, near drowning, jelly fish stings, sunburn, rip current and other injuries and ailments sustained while surfing, boogie boarding, kayaking, windsurfing and swimming in the ocean. Karen Van Hoesen, MD

11. WILDERNESS WISDOM FOR WOMEN: In the backcountry, women often have different needs and concerns than men. This workshop will address topics such as packing light, personal safety, and other unique needs of a woman traveling in the wilderness or a foreign country. Sheryl Olson, RN, BSN

12. WILDERNESS MEDICINE CASE STUDIES: What you can’t learn from a textbook. Provocative and educational real-life case studies will be presented in an interactive manner to maximize learning. Peter Hackett, MD

This series of workshops and activities have been designed to maximize enjoyment and education for your entire family. Our Wilderness Education Program for Children is highly acclaimed and classes fill quickly! Please register early as space is limited.

SURVIVAL

Survival for Kids — An interactive and educational workshop designed exclusively for children that provides a positive, fun and rewarding experience. Children learn how to avoid getting lost, how to spend a survival night out and how to stay warm. They practice signaling and building improvised shelters. (Ages 6-12) Saturday, April 8 or Sunday, April 9 or Tuesday, April 11 $70

Survival for Teens — This course is designed to teach older children how to navigate safely and avoid getting lost in the backcountry, how to build improvised shelters and fires, find food, and survive the unexpected night out. (Ages 12 and up) Saturday, April 8, or Monday, April 10 $70

International Survival for Teens: — Many students travel abroad during high school and college and attend classes in foreign countries. This course will teach important lessons on awareness, safety, traveling tips, lost documents like passports, and how to cope with a crisis or emergency when away from home, and how to obtain help. Tuesday, April 11 $70

NEW CHILDREN’S AND TEENS WORKSHOP:

Marine Biology / Marine Animal Identification Workshop — A fun and educational introduction for kids and spouses to fascinating sea creatures and their habits taught by renowned expert Karen Van Hoesen, M.D. $25

FIRST AID:

Wilderness First Aid For Kids — This course will teach children how to recognize and manage common medical problems and emergencies. (Ages 7-12) Monday, April 10 or Tuesday, April 11 $70.

Wilderness First Aid For Teens — This exciting hands-on course is designed to teach young adults how to take care of themselves and others in an emergency. Includes a first aid kit and first aid/CPR certificate. (Ages 12 and up.) Sunday, April 9 $75.
Advanced Wilderness & Expedition Provider

Optional Course leading to AWEP™ Certification
(Participants receive 15.5 additional CME credits)

Advanced level intensive and hands-on training taught by leaders in Wilderness Medicine including, Howard Donner, MD, Eric Weiss, MD, and Sheryl Olson, RN/BSN. Students will learn practical techniques and practice them in mock scenarios. Successful completion of course leads to AWEP™ Certification.

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<th>Date</th>
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<tbody>
<tr>
<td>Saturday, 8:00 am</td>
<td>4:00 pm</td>
<td>Course tuition: $495 (Includes 15.5 additional AMA PRA Category 1 Credit(s)™ all supplies, syllabus, breakfast, and certificate)</td>
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<tr>
<td>Sunday, 2:00 – 5:30 pm</td>
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<td>Monday, 3:00 pm</td>
<td>5:30 pm</td>
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<td>Tuesday, 2:00 – 5:30 pm</td>
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PRE-REGISTRATION REQUIRED & CLASS SIZE IS LIMITED. The optional workshops listed below are offered in conjunction with the conference to enhance your experience. Please note that these workshops are separate from the course workshops which are included with your tuition on Wednesday, April 12th.

WILDERNESS SURVIVAL: This workshop is a hands-on skill building experience. You will learn how to construct shelters, obtain food and water, build fires with primitive tools, signal, track, routefinding and survival kits. Gary Kibbee and Philip White

Sunday, April 9 or Tuesday, April 11, 1:30 – 5:00 pm. $75

PRACTICAL SPLINTING SKILLS: Learn techniques for immobilizing fractures and severe sprains using SAM splints or other improvised devises. SAM splints will be provided to participants. Kyle Allred, PA-C

Sunday, April 9, 4:00 – 5:30 pm. $40

OUTDOOR ADVENTURE PHOTOGRAPHY WORKSHOP: Learn new and creative ways to compose and capture natural beauty and adventure in the outdoors. Technical aspects of lighting and equipment will be discussed. The seminar will also focus on how to work artistically to create beautiful, dynamic, and adventurous images. Lanny Johnson, FNP/PA

Monday, April 10, 1:30 – 4:00 pm. $60

MARINE BIOLOGY / MARINE ANIMAL IDENTIFICATION WORKSHOP: An introduction to common marine species found in the Hawaii area. Taught by Karen Van Hoesen, M.D., director of Diving Medicine at UCSD.

Karen Van Hoesen, MD

Sunday, April 9 or Monday, April 10, 1:00 – 2:30 pm. $25

Children and spouses welcome.

URBAN & TRAVEL SURVIVAL: You have just lost all of your belongings and your passport in an earthquake or act of terrorism. Your hotel was destroyed, and your companion is missing. Few Americans are prepared to cope with this type of crisis. Urban and travel survival can be more challenging than survival in the backcountry. Learn how to travel safely and protect yourself. Gary Kibbee and Philip White

Monday, April 10, 1:30 – 5:30 pm. $75

OCEAN SURVIVAL SKILLS: Learn and practice skills that will be invaluable if you are caught in an open water survival situation. Participants will be donning life jackets and survival equipment and going into the ocean to practice survival skills. Life jackets and survival equipment included. Sheryl Olson, RN, BSN

Monday, April 10, 1:00 – 3:00 pm. $40

BASIC WOUND MANAGEMENT/SUTURE LAB: A practical workshop on suturing and improvised laceration repair in a backcountry environment. Participants will have the opportunity to practice basic suturing, stapling, taping, and tissue gluing techniques on pig limbs. Supplies and pigs’ feet provided. Lanny Johnson, FNP/PA

Tuesday, April 11, 2:00 – 4:00 pm. $60.
Enjoy the conference at the amazing Hapuna Beach Prince Hotel on the Big Island of Hawaii

Situated on the Kohala Coast, the Hapuna Beach Prince Hotel has defined Big Island luxury since its opening in 1994. As the second phase in Rockefeller’s creation of Mauna Kea Resort, the hotel property shares 1,839 acres of oceanfront paradise with the legendary Mauna Kea Beach Hotel. This award winning resort, nestled in the Kuana’oa Bay, has been ranked as America’s #1 beach and one of the top 10 beaches in the world while boasting a championship golf course. Elegantly designed guest rooms offering stunning ocean views help you relax while you enjoy this amazing resort founded on ancient, natural artesian fountains known for respite and renewal. Take advantage of deeply discounted rates when booking online through our website (www.wilderness-medicine.com) or by calling 844-WildCME. Terrace View $199, Partial Ocean View $229, Ocean View $259, Premium Ocean View $279, Ocean Front View $289. To make a reservation visit www.wilderness-medicine.com

Recreational Activities at or nearby the Hapuna Beach Prince Hotel

The island of Hawaii, the largest of the Hawaiian Islands, offers an unbelievable playground awaiting your discovery. Your stay at the Hapuna Prince includes privileges at the legendary Mauna Kea Hotel, which is a beautiful 10 minute walk, where you can rent canoes, stand up paddle boards and enjoy additional restaurants. Once you’re ready to venture away from the hotel you’ll discover a variety of activities such as Volcanoes State Park, helicopter tours, star exploration, local coffee farms, whale watching and much more! This is the place to bring your family as there is a choice for everyone! Visit www.wilderness-medicine.com for more information.

LODGING BEGINNING AT $199!
EXCLUSIVE TRAVEL DISCOUNTS- BOOK EARLY FOR BEST RATES AND AVAILABILITY!

Wilderness Medicine has arranged special meeting discounts on airfare and car rentals for our attendees and their guests. For information, please visit: www.wilderness-medicine.com.

HAPUNA BEACH PRINCE HOTEL ON THE BIG ISLAND OF HAWAII

Register Today. Toll Free: 844-WildCME (844-945-3263)
Or Online: www.wilderness-medicine.com
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the Center for Emergency Medical Education (CEME) and Wilderness and Travel Medicine, LLC. The Center for Emergency Medical Education (CEME) is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation: The Center for Emergency Medical Education (CEME) designates this live activity for a maximum of 39 AMA PRA Category 1 Credits ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity is anticipated to offer up to 39 hours of AOA Category 2 A CME credit, pending approval by the AOA.

Disclosure: It is the policy of Center for Emergency Medical Education (CEME) to ensure balance, independence, objectivity, and scientific rigor in all its sponsored educational activities, and that all contributors present information in an objective, unbiased manner without endorsement or criticism of specific products or services and that the relationships that contributors disclose will not influence their contributions. Those in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interests prior to the beginning of the educational activity.

Resolution of Conflicts of Interest: In accordance with the ACCME Standards for Commercial Support of CME, the Center for Emergency Medical Education implemented mechanisms, prior to the planning and implementation of this CME activity, to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AACP: Application for CME credit has been filed with the American College of Emergency Physicians. Determination of credit is pending.

ACEP: Application for CME credit has been filed with the American College of Emergency Physicians. Determination of credit is pending.

Nurse Credit: Under the new BRN guidelines, this course is also accredited for up to 39 hours of nursing credit.

CME Accreditation

About Our Distinguished Faculty

ENROLLMENT APPLICATION FORM - WILDERNESS MEDICINE

Hawaii – April 8 – 12, 2017

Name: ____________________________ Title/Specialty: ____________________________

Address: ____________________________ License # ____________________________

City: ____________________________ State: ____________________________ Zip: ________ Country: ____________________________

E-mail address: ____________________________ Please indicate the mailing code from the mailing label

☐ Physician ($750) ☐ Active Military ($550)

☐ Nurse/PA/NN ($755) ☐ Non Professional (no CME) ($400)

☐ Residents/Medical Students/Paramedics/EMT’s ($395) Student Scholarships available- 844-945-3263

☐ “TEAM” DISCOUNT (name of institution)

“Team” (group) discounts – 3 or more participants from the same institution can sign up simultaneously and receive a 20% discount on each registration fee. Use Code: Group 3

☐ Charge to: ☐ Visa ☐ MasterCard CC Exp. Date: ________ CVS# ________

Register by phone: Toll Free 844-WildCME (844-945-3263) or +1(650) 440-4424; Fax (650) 887-2113

Register by Mail: Wilderness Medicine, 3790 El Camino Real, Suite 2029, Palo Alto, CA 94306

Register Online: www.wilderness-medicine.com E-mail: info@CMEScience.com

Tax deduction for educational purposes: Under the Tax Reform Act of 1986, Treasury Regulation 1.162-5 permits an income tax deduction for educational expenses (registration fees and cost of travel, including meals and lodging).

REFUNDS must be requested by March 8, 2017, and will be subject to a $100 service charge. After that date no refunds will be given. Sponsors cannot be responsible for travel difficulty due to road or weather conditions. We strongly recommend the purchase of travel insurance available at www.mtnreg.com/hawaii.
The National Conferences on Wilderness Medicine
Big Sky, Montana
February 15 – 19, 2017

Hawaii
April 8 – 12, 2017

CME ADVENTURES WORLDWIDE
Learn Wilderness Medicine on an active adventure!
www.wilderness-medicine.com

Everest Base Camp Trek CME
April 8 – 25, 2017 and April 28 – May 15, 2017

Fiji Scuba and Snorkel CME
February 9 – 18, 2017

Inca Trail/Machu Picchu CME
October 22 - November 1, 2017

Africa Wildlife Safari with optional Kilimanjaro Climb
October 4 – 16, 2017

Fiji Scuba and Snorkel CME
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